



Use this page to think about the type of talk you could use when communicating with your teen. We have listed some typical situations on the left. You can list the types of talk you might like to try on the right. Then go ahead and add some of the communication issues you are having with your teenager.

Situation	Type of Talk
Your teen has stayed out past curfew and they come in and don't want to talk about where they have been.	
You hear your teen call another teen an insulting name or make fun of how they look.	
You have asked your teen to clean their room fifty times and it is still a mess.	
Your teen brings home a terrible report card.	